

Come and play . . .

Octopush



www.britishoctopush.org



Octopush - "Underwater Hockey" - is a fast, action-packed sport played on the bottom of a swimming pool by two teams of six players, equipped with mask, snorkel, fins, and a small wooden pusher. It was devised in Southsea in 1954, and is played in **your** area.

"If you like swimming and snorkelling, it's a chance to play a team game, and it's one of the few sports in which men and women can compete on equal terms. It's all about skill and teamwork rather than strength."



Your local club meets at:

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For more information, please contact